NU Monthly Safety Newsletter

June 2024

Rights of workers

1. **The right to know about health and safety matters.**
2. **The right to participate in decisions that could affect their health and safety.**
3. **The right to refuse work that could affect their health and safety and that of others.**

First Aid & AED. The importance of a First Aid Kits and AED:

- The Health and Safety board posts all first aid designates names and their extensions.
- Become familiar on where AED and First Aid kits are located.
- Make sure to report all Injuries to you supervisor.

Here are some types of first aid kits:

- Vehicle First Aid Kit: for use in cars, trucks, buses, etc.
- Individual First Aid Kit (IFAK): for personal use in case of emergencies.
- Trauma Kit (Bleeding Control): for stopping, severe bleeding from wounds.
- Burn Kit: for treating burns and scalds.
- Fracture Kit: for immobilizing and supporting broken bones.

First Aid Kits

In a world where accidents happen unexpectedly, having a well-stocked and properly maintained first aid kit is crucial. Whether it's for your home, workplace, or on-the-go, routinely. Inspecting your first aid kit ensures that it's always ready for emergencies.