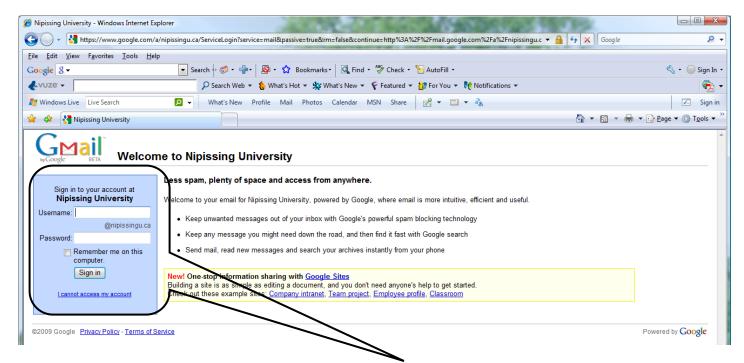


Getting Started with Gmail -mail.nipissingu.ca

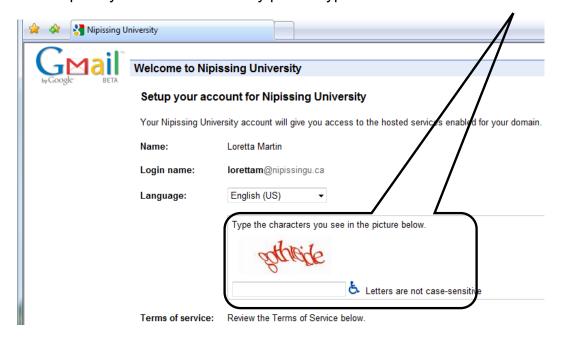
Start your internet browser. In this help sheet we are using Internet Explorer. In your web browser location type mail.nipissingu.ca and hit enter. You will see the following page.



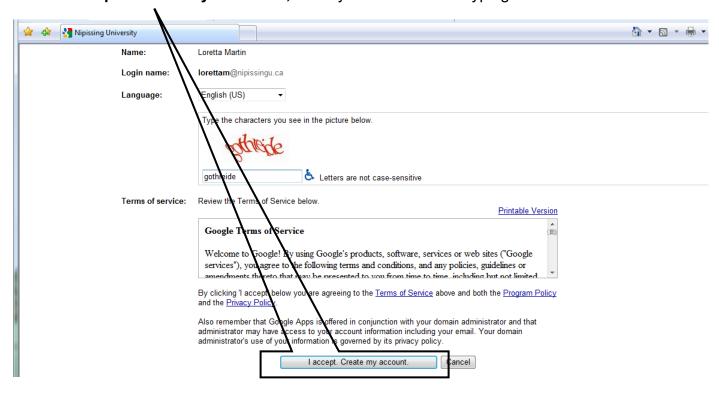
Enter your Gmail username and password in the boxes provided and click **Sign in**. You will be prompted if you want your password remembered or not.



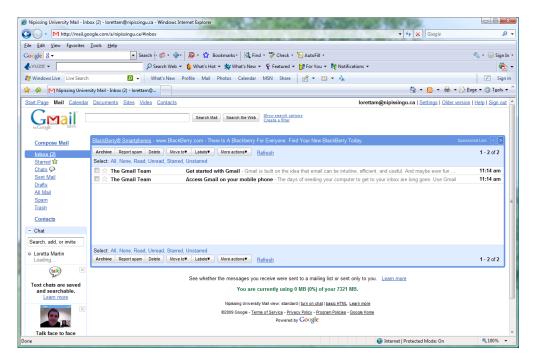
To complete your account's validity please type the verification characters in the box provided.



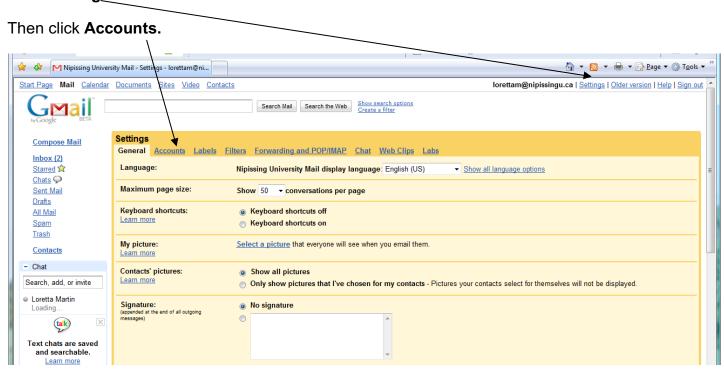
Click "I Accept. Create my Account", when you have finished typing the characters.

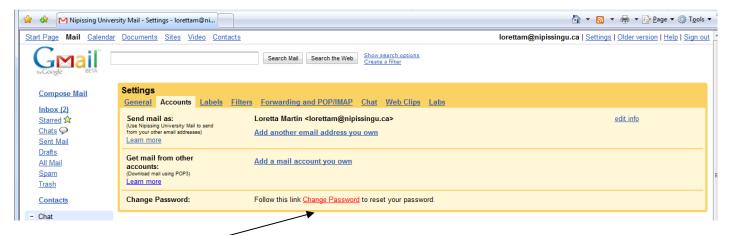


Welcome to Gmail. Let's begin by changing your password immediately before you browse your new account.



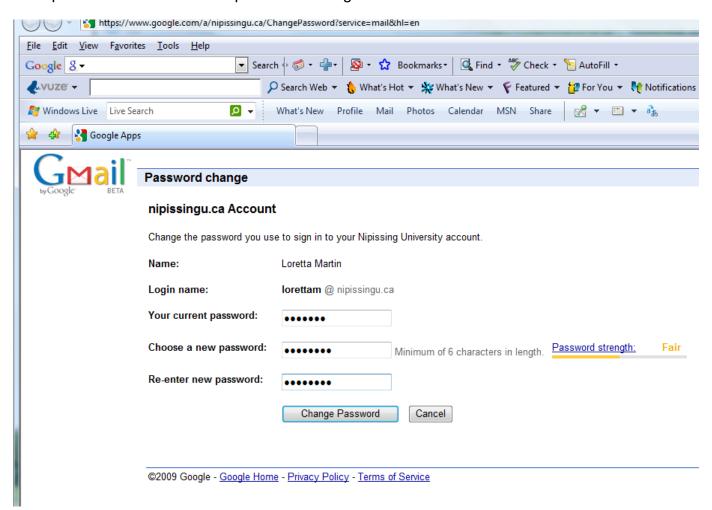
Click Settings.



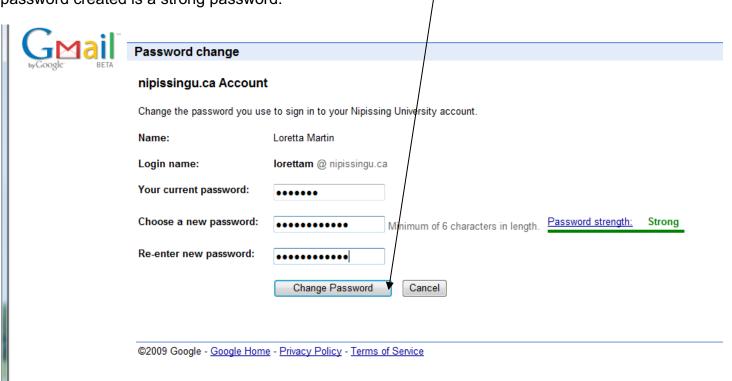


Select Change Password.

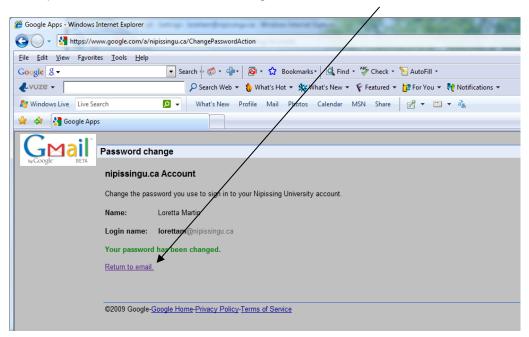
Enter your current password and your new password in the spaces provided. Notice the password length should be at least six characters long. Please ensure your create a strong password. This example below shows us a fair password strength.



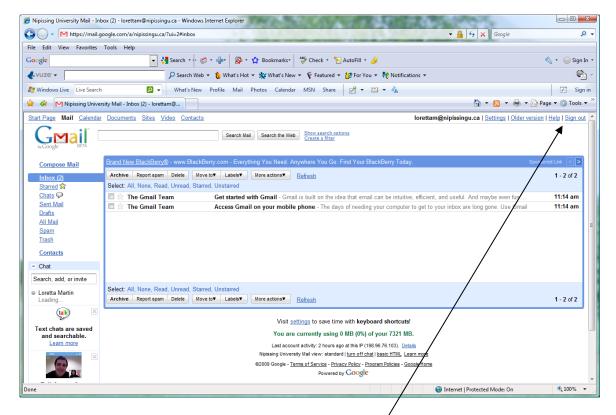
Once you have created a strong password click **Change Password**. This example exhibits that the password created is a strong password.



Your password has now been changed. Click Return to email.



You can now browse and learn to use Gmail. The Gmail help is a great resource for extra assistance.



If you need help with anything within Gmail click **Help** from your main Gmail page. From there you can search or select a topic.

